

WOMEN OF WISDOM PRESENT

TODAY I CHOOSE JOY

Saturday, June 14th
9:30 AM - 12 PM

Facilitated by Susan Hahn & Gail Parker

☀️ Ready to lift your spirits
and refresh your soul? ☀️

Join us for affirming
that joy supports the
soul. We will explore
simple, playful ways
to choose joy every
day — think colorful
meditations,
uplifting
affirmations,
laughing yoga, and
more.

Come as you are.
Leave lighter,
brighter, and filled
with joy.

Hospitality: Colleen Kilpatrick
Leadership: Deb Willett

Let's practice joy—together!

