

## March 2022

Parents, grandparents, children—our whole village! Together we are discovering our inherent spiritual power to live and express a life of goodness that cares for all life. By exploring the 12 Spiritual Powers (originally understood by Charles Fillmore, co-founder of Unity), with children, we are true to the learning of what it means to be spiritual beings having a human experience. During March we explore Divine Wisdom.

For young children, teens, or adults, we long for wisdom and good judgment in making choices. Learning when to say yes, and learning when to say no, may be a life work for each of us. The intuitive guidance is so essential in every decision we make. There is no formula, or little black and white book full of other's insights, that substitutes for our individualized understanding of what is wise for us in each experience.

Rev. Matthew Long (Peace Unity) writes about the power of Wisdom: **Its seat is in the gut which feels all things. We have wisdom, it is inherent within us. God in us knows, and as we quicken our wisdom faculty we begin to know that we know—where and when we need to know. Each of these spiritual faculties have both a masculine, assertive, active ability and a feminine, receptive, passive attitude quality. Judgment is Wisdom's ability to evaluate and make choices. Discernment is an attitude of knowing without reason. The more we develop our Wisdom faculty, the easier it becomes for the right-use of our Judgment ability, which is to look within rather than without and to discern what is ours to do.**

Resource books: 12 Powers of Man by Charles Fillmore; 12 Powers Meditation by Charles Roth. Powers of the Soul by Ella Pomeroy. I use TruthUnity.net to listen to live talks recorded by many of these early Unity teachers, speakers, authors. New through unity.org: Adventures in Resilience by Rev. Sharon Connors; 12 Powers Card Deck.

## WHERE TO BEGIN

### *Divine Wisdom*

Turtle stories are our approach for learning about wisdom. The Aesop Fable about the tortoise and the hare is a classic teaching story encouraging each to identify the value of being true to oneself with no hurry and no worry. Or, the contemporary stories of Old Turtle by Douglas Wood present the way wisdom works through all creation, and the potential for wisdom to work through One People. The stories explore the inherent wisdom of living on behalf of all. Indigeneous people from the North American continent tell the story of the creation of this land on the back of the turtle. We also build our lives and our world upon our inner wisdom.

### *Family Circle & Talking Stick*

The September issue of 12 Spiritual Powers For Families introduced the Family Circle (meeting) and a Talking Stick—ideas to implement consistently as a family. These help not only with weekly exploration of monthly spiritual ideas such as the 12 Spiritual Powers but also with problem solving and family planning. Practice of discerning a “yes, yes, yes” or a “no, no, no” as a whole family (see MARCH IDEAS TO CONSIDER AS A FAMILY, next page) when making a decision is a way to emphasize inner discernment, ‘group mind’ discernment, and develop a life-long tool to share with children at any stage of life.

**MARCH IDEAS TO CONSIDER AS A FAMILY**  
*Wisdom, in Divine Mind, is an idea of choice.*

Clearly, making choices is a powerful outworking of one's personal power– the self. Drawing from an awareness of spiritual identity, choices reflect Self as an expression of Oneness. One with love, understanding, faith, strength and more.

Introduce the idea of making decisions by 'listening' for a "yes, yes, yes". Or, a "no, no, no". The premise for this is listening. Often we may react and hear a yes, but, asking for another yes, and then one more yes, slows us down. When we slow down our thinking and feelings, we consider more. Is my yes or no affecting other people? Does my sense of yes or no come from the outer influence of friends or an inner awareness of what what is best for me? What is best for most of us? What makes my choice more loving and thoughtful? Young children hearing their parent(s) go through this process imprints a model for listening in future adulthood. Parents listening to what influences considerations in teens, and young adult children, is informative. Without probing and overly influencing outcomes, inner wisdom gets a chance to be heard.

**March's gift for FoU families with children:**

Old Turtle and The Broken Truth by Douglas Wood; A Prayer for Children; A Prayer for Parents.

**MARCH 2022**  
**12 Spiritual Powers Study for Families**

***The spiritual faculty of "WISDOM"***

*Monthly guide books beginning Sept. 2021 are available at*  
*[friendsofunity.org/families](https://www.friendsofunity.org/families)*

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