

# PARTNERING FOR INTENTIONAL LIVING

Friends of Unity 2021

[friendsofunity.org](http://friendsofunity.org)

## Fall Intentional Living Series

### WHAT IS PARTNERING?

The purpose for partnering is to share encouragement while studying and practicing the 7 Steps Up Intentional Living ideas. Partnering also fosters accountability for our own follow through realizing our deep desires. We do this through sharing, listening and prayer.

“Being accountable with someone, especially a colleague, is not always comfortable. Some resistance is natural as you begin to commit yourself to a safe, authentic and non-judging relationship. These types of relationships are rare, and special. ...we are not attached to the results the partner achieves. We want our partners to excel, of course, and have fulfilling lives, but the results belong to the individual. ...We are only a witness to one another, not a coach. ...Our goal is to be a safe and sacred witness for one another. “ Rev. Greg Coles

### GETTING STARTED

1. Establish a recurring day and time for a 30-60 minute weekly call or zoom gathering.
2. Exchange contact information and establish if your partner can receive text notices (If you need to make schedule changes). Place contact information in your phone.
3. Each person is mutually responsible to call the other person and maintain scheduling accountability.

### SHARING FORMAT

1. Weekly check-ins relating to life and the 7 Steps Up intentional living practice.
2. Listening to each other without offering personal ideas or solutions. When tempted to advise or share your best resources, ask: what are your insights? In our 7 Steps Up Intentional Living series, we are working with spiritual principles, an understanding of God as Absolute Source and Support, and an evolving understanding of our self and our desires. Ensure each person has the opportunity to share as well as to listen.
3. Encourage each other: speak to the strengths in each other.
4. Close with prayer. Ask each other “How can I hold you in prayer this week?” Partners will pray for one another throughout the week.

### EXAMPLES OF WEEKLY SHARING

Updates: ex. this week I made progress reviewing my desires list at night.

What has the 7 Steps Process revealed: insights, challenges.

Refer to the 7 Steps Up pamphlet for study and explore what Ernest Wilson is suggesting.