

Dear Friends.

As I think of each of you, I wonder about your year navigating through a pandemic. I think about the shock, the adjustments, the loss...the strength of Spirit, and the rising up day after day. I ponder what Easter will mean to us this year. What will be of the most spiritual significance for us? Maybe the first Easter morning was exactly like this--people wondering, people reaching to each other--holding the thought of their community close to heart; people discovering the inner strength to go forward, undying Truths to live by.

From the heart of this spiritual community, know that:

If you have felt crucified by all the repercussions of this pandemic, we think of you and give to you what we can: a loving thought, an abiding prayer, and Love to hold onto.

If you feel buried in a tomb of too much change, we are with you in Spirit and we send you nurturing food to see you through to a new day.

If you are weary from pushing aside the stones of fear that get in the way of the freedom of spirit, we share with you gifts to gentle the mind, body and spirit.

And, if you are now bursting forth from a year of so much challenge, you are evidence of the resurrecting power of life for all of us and we invite you to join us in spreading the seeds of faith.

With Love and Gratitude this Easter,

Kathy,

The Board of Trustees,

And the Friends of Unity Community

"A new commandment I give you: Love one another.

As I have loved you, so you also must love one another."

JOIN US DURING HOLY WEEK

God Friday, April 2:

11 AM ET

Seven Last Words Meditation Rev. Matthew Long, Peace Unity Network

7 PM ET
Seven Last Words Meditation
Kathy Harwood Long,
Senior Minister FoU
Music with Tyler Driskill

Saturday, April 3:

First Peace Meditation 10 AM ET Saturday

Easter Sunday, April 4:

10 AM ET

Our inspiring musicians and Kathy! New Life Now: The Unavoidable Truth

More info at FriendsofUnity.org Zoom Links on Happenings Calendar

Sundays: live from our website or fb (videos available on both sites)